

**REPORT TO:** Health Policy and Performance Board

**DATE:** 4 March 2014

**REPORTING OFFICER:** Strategic Director – Communities

**PORTFOLIO:** Health; Children, Young People and Families

**SUBJECT:** Scrutiny Review of Mental Health Promotion Report 2013-14

**WARD(S)** Borough-wide

**1.0 PURPOSE OF THE REPORT**

1.1 To present to PPB the mental health promotion scrutiny review report and recommendations

**2.0 RECOMMENDATION: That:**

- (1) Members of the PPB to note the contents of the report attached as Appendix 1; and**
- (2) the Board endorse the Scrutiny Review and that its recommendations be presented to the Executive Board for approval.**

**3.0 SUPPORTING INFORMATION**

3.1 The report outlines the key findings and makes a number of recommendations for consideration by Health PPB.

3.2 The scrutiny topic was commissioned by the Health PPB topic group, with representatives from the Children, Young People and Families PPB, with a view to developing a joint intergenerational prevention and promotion campaign to tackle mental health stigma locally.

3.3 The recent years of a troubled economic climate and welfare reform had the potential to add to existing strains on people's mental health. Halton identifies good mental health as a priority and as such sought to examine the breadth and quality of mental health promotion and prevention services and resources available locally.

3.4 The group looked at how mental health was promoted and a range of services and interventions that are in place to prevent further escalation of a mental health problems. In addition, there were already significant pieces of work being undertaken in relation to mental health treatment services, which fell outside of the scope of this scrutiny review topic. These included: a full review of Child and

Adolescent Mental Health Services (CAMHS) provision, development of an Acute Care Pathway for adults and development of Later Life and Memory Services (LLAMS) as part of the Dementia Strategy. Updates were provided to the group on the above.

3.5 The Topic Group sought input from a number of Council and external providers through presentations, including the CCG, Public Health and Whiston Hospital, and site visits to Ashley House and Thorn Road CAMHS.

3.6 The Topic Group were instrumental in the development of a local anti-stigma campaign, Like Minds (<http://www.haltonlikeminds.co.uk/>) which takes the stories of local people's journey through mental health, providing links to a range of local support services. The campaign was launched in October 2013 and the campaign resources are now available for use throughout the borough by any organisation.

3.7 In addition to Health PPB and Executive Board, this report will also be presented to Children, Young People and Families PPB due to the joint working on this topic group. The report will also be sent to Halton CCG and 5 Boroughs Partnership for information, after it has been through PPB.

#### 4.0 **POLICY IMPLICATIONS**

4.1 The implications of pursuing any course of action arising out of the recommendations of the review will be highlighted as appropriate through the usual reporting channels.

#### 5.0 **FINANCIAL IMPLICATIONS**

5.1 As a result of the review and resulting recommendations, there may be potential financial implications, if so these will be addressed via the use of existing resources by ensuring the use of evidence based prioritisation and associated financial re-profiling.

#### 6.0 **IMPLICATIONS FOR THE COUNCIL'S PRIORITIES**

##### 6.1 **Children & Young People in Halton**

Emotional and mental health and wellbeing is a critical factor in supporting children and young people's social development, behaviour and resilience, educational attainment and achievement and life chances. This area of work also supports Halton's focus on Early Health and Support and the priorities within Halton's Children and Young People's Plan.

##### 6.2 **Employment, Learning & Skills in Halton**

Good emotional and mental health and wellbeing is a vital factor in children and young people and adults accessing learning and future employment opportunities.

**6.3 A Healthy Halton**

Emotional and mental health services impact directly upon the health and wellbeing of adults, children and young people with an identified need or who are at risk of developing a need.

**6.4 A Safer Halton**

Those who do not experience good emotional and mental health and wellbeing are more likely to be subject to a range of risk factors that can impact negatively on community safety issues.

**6.5 Halton's Urban Renewal**

None Identified

**7.0 RISK ANALYSIS**

7.1 National and local evidence demonstrates that failure to ensure that appropriate services to support emotional and mental health and wellbeing is likely to impact negatively on outcomes and life chances. Failure to provide effective mental health prevention and promotion services across the life course could also result in an increase in the need for specialist services thus leading to potentially increased costs to the Council.

**8.0 EQUALITY AND DIVERSITY ISSUES**

8.1 None identified at this stage.

**9.0 LIST OF BACKGROUND PAPERS UNDER SECTION 100D OF THE LOCAL GOVERNMENT ACT 1972**

9.1 None identified under the meaning of the Act